

MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILITY

Meeting Minutes



TOPIC	DISCUSSION	ACTION NEEDED
Members/Attendees	1. Sally Ciriaco, Mount Sinai Medical Center Eldercare (PACE) – <i>Guest*</i>	
	2. Elena De Cardenas, Sunshine Health	
	3. Jennifer De Gruccio, Parkinson's Foundation*	
	4. Nattaliah Earle, Urban Health Partnerships – <i>Vice-Chair*</i>	
	5. Mariangelli "Angie" Fernandez, Miami-Dade State Attorney Office	
	6. Trudy Gaillard, Florida International University*	
	7. Frances Garcia, Miami-Dade Fire Rescue*	
	8. Mayra Garcia, Florida Department of Health in Miami-Dade County	
	9. Vanessa Garcia Azzam, Miami-Dade County*	
	10. Natalie Gray, Larkin University College of Pharmacy*	
	11. Luis Moreno, Epilepsy Alliance of Florida	
	12. Dennise Nicola, PACE/Miami Jewish Health – <i>Chair</i>	
	13. Alfred Nunez, Agility Insurance – <i>Guest</i>	
	14. Itzel Padron, VITAS Healthcare – Guest*	
	15. Dayamyra Perez Fernandez, Florida Department of Health in Miami-Dade*	
	16. Louisenie Remy, Jackson Health Roxcy Bolton Rape Treatment Center*	
	17. Lilliana Rey, Alliance for Aging	
	18. Kasey Ricalo, VITAS Healthcare – <i>Guest*</i>	
	19. Lymari Rivera, Mount Sinai Medical Center Eldercare (PACE)	
	20. Danay Rodriguez-Arritola, Larkin Community Hospital*	
	21. Yolanda Schon, Senior Helpers of Miami & The Keys	
	22. Natalia Shtompel, Barry University School of Social Work*	
	23. Stacey Silver, Mom's Meals*	
	24. Griselle Solorzano, Brain Center	
	25. Allan Tavss, Miami-Dade County Parks, Recreation & Open Spaces (retired)*	
	26. Carmen Teixeira-Parry, Alliance for Aging, Inc.*	
	27. Dianna Valenzuela, Public Partnerships*	
	28. Melody Velez, United Healthcare	
	29. Patricia Vila, Patty Vila Media	
	30. Marjorie York, Community Action Agency (attended via phone call)*	
	*attended virtually	



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Tuesday, February 25, 2025

Hosted at Mt. Sinai Medical Center Eldercare (Microsoft Teams option)



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Welcome and	Chair, Dennise Nicola welcomed everyone and started the meeting at 2:05 PM.	
Introductions	Chair, Dennise N. provided general meeting guidelines for attendees which were also	
	placed in the meeting chat, and Vice-Chair, Nattaliah Earle (attended virtually)	
	assisted with the agenda. Virtual attendees were encouraged to put their contact	
	information and any organizational updates/announcements in the chat. Attendee	
	introductions were done during <i>Partner Updates</i> , and virtual attendees were	
	encouraged to put their contact information and any organizational updates or	
	announcements in the chat. The meeting was held at host site, Mount Sinai Eldercare	
	PACE, located at 6050 W 20th Avenue, 2nd floor, Hialeah, FL 33016, with an option	
	to join virtually via Microsoft Teams for those unable to attend in person.	
Review and	The minutes from the last meeting on January 28, 2025, were reviewed by the	
Approval of Minutes	Committee members in attendance. A motion was made to approve the minutes by	
	Marjorie Y. and seconded by Dayamyra PF. The minutes were approved unanimously	
	without corrections.	
Previous Action	• Continue timeline development for work plan activities (ongoing).	
Items(s)	See Work Plan Review below.	
Executive Board	Chair, Dennise N. provided the updates from the Executive Board (EB) 2/10/2025	
(EB) Update	virtual meeting, including:	
	The Consortium has now completed its nomination and elections process for the	
	Executive Board Co-Chair roles. The Co-Chairs will serve for the next 2-year term	
	for the 2025 and 2026 calendar year.	
	• The new Co-Chairs will be Dr. Cristina Brito (West Kendall Baptist) and Mr.	
	Robert Hill (American Heart Association).	
	The Board would like to start to convene the Planning Taskforce for the	
	Consortium Annual Event and the Worksite Wellness Awards Ceremony starting	
	next month. The event will be hosted in September/October 2025. Please	
	announce if any of the committee members would like to sign-up to be a part of	
	the Taskforce, they may add their name in the chat box so we can add them to the	
	planning committee.	



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	 The Board reviewed the draft digital brochure that includes high level points from the elevator speech and health agenda message to share with interested partners to join the Consortium. When this is available, it will be shared with the full Consortium. The Board continues the conversation on optimal health and addressing the drivers of health. Updates were also shared on the topic of food insecurity, and the Mayor's Initiative on Food and Nutrition For All Collaborative. 	
Legislative Report	In the absence of a legislative update from member, Brenda Lampon with the Office of the Mayor, Chair, Dennise N. asked if any attendees had any legislative issues to share. There were none offered.	
Presentation: Mount Sinai Eldercare PACE	EIC member and partner, Lymari Rivera, MBA, Business Development Director, Mount Sinai Eldercare PACE, gave a 15-minute presentation about their program and services. The Program of All-Inclusive Care for the Elderly (PACE) targets individuals who would otherwise qualify for Medicaid nursing home placement and provides them with a comprehensive array of home and community-based services at a cost less than nursing home care. PACE provides all services covered under Medicare and Medicaid, including Part D plus additional services deemed necessary by PACE. Individuals who choose to enroll in PACE have both their medical and long-term care needs managed through a single provider. Lymari explained the eligibility requirements and shared that enrollment in Eldercare can occur anytime in the year. Focus is on a multidisciplinary team-based approach for at-risk elders needing preventative and maintenance care. PACE is considered the gold standard of care for elderly while providing social, emotional, nutritional and medical assistance. Outcomes for PACE enrollees show lower cost/better functionality over time with greater participant/caregiver satisfaction. Hospital and nursing home care are provided when necessary, along with any other care, services or supports deemed medically necessary to maintain or improve the health status of participants. Eldercare provides transportation and meals. Participants have the option to attend the Day Center which provides the following: socialization and activities, breakfast, hot lunch, and a snack, with supervision and assistance as needed. For questions, please contact Lymari	Action Item(s): • Email your suggestion(s) for future Elder Issues Committee meeting presentations to: DNicola@miamijewishhealth.org, Nattaliah@urbanhp.org, & Mayra.Garcia@flhealth.gov.



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	Rivera, Director of Business Development, Mount Sinai Eldercare PACE,	
	Lymari.rivera@msmc.com, 954-709-1291, 786-584-5291. A follow-up email with the	
	presenter's contact info & presentation slides were sent to EIC members on 2/26/25.	
Performance	Chair, Dennise N. led discussion on the following in the EIC Work Plan 2019-2024:	Action Item(s):
Measures in Need of Improvement (Work Plan Review)	• It was noted that the EIC Work Plan 2019-2024 will continue in effect as written despite the expired reporting period having past on September 30, 2024, for some of the measures. The Office of Community Health & Planning of the Florida Department of Health in Miami-Dade County is currently working on launching the community Wellbeing Survey as part of the assessments related to Mobilizing for Action through Planning and Partnerships (MAPP). This community-driven strategic planning process helps inform the development of the next 5-year Community Health Improvement Plan (CHIP) based on identified strategic priority areas. Members are encouraged to take and share the Wellbeing Survey if they reside in Miami-Dade. They can also make	• Email your suggestion(s) for the next 5-year 2025-2030 Elder Issues Committee work plan to be developed later this year to: <u>DNicola@miamijewishhealth.org</u> , Nattaliah@urbanhp.org, & Mayra.Garcia@flhealth.gov.
	suggestions for the activities and measures to be included in the next 5-year work plan to be developed sometime later this year. Dennise N. suggested we consider the topic of increasing the number of active members from the over 300-member listserv for the EIC. A discussion was had surrounding possible suggestions for addressing this as a goal, including: Members can personally invite representatives from professional organizations serving older adults who may not already have representation to join the EIC. Members can personally invite older adults to represent the interests of this population in our community to participate in EIC meetings and consider joining the EIC. Survey questions could be developed to send to EIC members on listserv to assess what might increase their active participation. Angie F. suggested that we could formally invite property managers at senior living multi-unit housing sites to join EIC. She offered to share a list of the site contacts she has in the next two weeks to be used for this to be used as an email invite promotion. The following 2025 EIC meeting dates along with opportunities to present and/or host an in-person meeting were reviewed:	• Please let us know if you are interested in giving a 15-minute partner presentation at one of the available 2025 virtual meetings, and/or if you would like to host one of the quarterly meetings available at your organization site by sending an email to: DNicola@miamijewishhealth.org, Nattaliah@urbanhp.org, & Mayra.Garcia@flhealth.gov.



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	Hosted at 14th, Official Medical Control Endered (Wheredoor Tearns option	
	 Tuesday, 2/28/2025, in-person meeting (w/virtual join option on Teams) to be hosted by Lymari Rivera at Mount Sinai Eldercare PACE, 6050 W. 20 Avenue, 2nd floor, Hialeah, FL 33016. Tuesday, 3/25/2025, virtual meeting on Microsoft Teams w/presentation by Martine Charles, Alliance for Aging, Inc. on the Dementia Care & Cure Initiative Miami Taskforce-Highlights of NEW website. Tuesday, 4/29/2025, virtual meeting on Microsoft Teams w/presentation by? (TBD) Tuesday, 5/27/2025, in-person meeting (w/virtual join option on Teams) to be hosted by Susan Holtzman, NAMI Miami for Mental Health Awareness Month. Tuesday, 6/24/2025, virtual meeting on Microsoft Teams w/presentation by? (TBD). Tuesday, 7/29/2025 to be cancelled for summer break Tuesday, 8/26/2025, in-person meeting (w/virtual join option on Teams) to be hosted by? at host site? (TBD). Tuesday, 9/30/2025, virtual meeting on Microsoft Teams w/presentation by? (TBD). 	Action Item(s): • Mayra to follow-up as needed with EIC member representatives of organizations interested in presenting at and/or hosting a 2025 meeting.
	 Tuesday, 10/28/2025, virtual meeting on Microsoft Teams w/presentation by? (TBD). Tuesday, 11/25/2025, in-person meeting (w/virtual join option on Teams) to be hosted by? at host site? (TBD). Tuesday, 12/30/2025 to be cancelled for winter break 	
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Recognition of Improved Performance	 Annual SWOT Analysis was done on 1/28/25 and later shared with members. 25 attendees were at the January meeting. 	
Reminders	 Next monthly meeting on March 25th will be virtual and will feature an online highlights tour of the new Dementia Care & Cure Initiative Miami Taskforce website by Martine Charles from the Alliance for Aging. Invite your colleagues serving the older adult population to join the Consortium for a Healthier Miami-Dade's Elder Issues Committee, register for free online at www.healthymiamidade.org/membership. 	



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Partner Updates

- Dayamyra Perez Fernandez, Health Services Representative, Florida Department of Health in Miami-Dade County.
- Louisenie Remy, Roxcy Bolton Rape Treatment Center.
- Stacey Silver, RDN, Manager of Healthcare Partnerships with Mom's Meals, email Stacey.Silver@momsmeals.com.
- Nattaliah Earle, Collective Impact Manager, Urban Health Partnerships, nattaliah@urbanhp.org, 786-412-0469.
- Dianna Valenzuela, Community Liaison, PPL (Public Partnerships) for Florida; supporting individuals with disabilities or chronic illnesses and aging adults; Participant Direction Option (PDO) is a choice available to any enrolled member of Florida's Medicaid Waiver long-term care program or home & community based services; Dvalenzuela@pplfirst.com, 786-697-1227.
- Frances Garcia, Miami-Dade Fire Rescue, Community Assistance/Elder Links Coordinator; garciaf@miamidade.gov; shared online link to Fire Rescue Community Outreach services & programs.
- Jennifer De Gruccio, Community Education & Outreach Manager, Florida, Parkinson's Foundation Florida Chapter; jdegruccio@parkinson.org.
- Vanessa G. Azzam, Director of the Miami-Dade County Elder Affairs Advisory Board; vanessa.azzam@miamidade.gov.
- Kasey Ricalo, VITAS Healthcare; kasey.ricalo@vitas.com.
- Dennise Nicola, Senior Outreach Specialist, FL PACE Centers at Miami Jewish Health; DNicola@miamijewishhealth.org, 786-661-5644.
- Mayra Garcia, Community Liaison of the Elder Issues Committee/Senior Community Health Nursing Supervisor, Office of Community Health & Planning, FL Dept of Health in Miami-Dade County, Mayra. Garcia@FLHealth.gov. Shared invite to complete the 2025 Miami-Dade County Well-being Survey available in three languages; this survey will collect feedback from residents regarding the health and quality of life in the community and will help develop the next Community Health Improvement Plan (CHIP); the survey takes about 15 minutes to complete. Also shared print copies of healthy eating and heart health materials for in-person attendees.

Action Item(s):

- The Consortium for a Healthier Miami-Dade is a collaboration between the Florida Department of Health and community partners/organizations promoting health in Miami-Dade County; register to become a member for free online:
 - https://www.healthymiamidade.or g/membership/.
- EIC members who are subject matter specialists in healthy lifestyles and health promoting topics for older adult population are asked to volunteer to submit written article and/or social media postings for 2023 calendar year; please confirm your interest, topic suggestions via email to liaison: Mayra.Garcia@FLHealth.gov. Written submissions are *due by 15th*

of month prior to publish month.



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	 Luis Moreno, Community Resource Specialist, Epilepsy Alliance Florida; we provide resources and help to those living with Epilepsy, Seizures, and convulsions; LMoreno@eafla.org, 305-401-3471. Melody Velez, Sr. Community Outreach Representative UnitedHealthcare; melody.velez@uhc.com. Angie Fernandez, Community Outreach, Office of the State Attorney K.F. Rundle; fernang@miamisao.com; 305-547-0724. Lymari Rivera, Business Development Director, Mount Sinai Eldercare PACE, Lymari.rivera@msmc.com, 954-709-1291. Trudy Gaillard, FIU, tgaillar@fiu.edu, encouraged folks to join the AgeWell online 	
	registry to access information on different research opportunities and common chronic diseases for older adults: https://cnhs.fiu.edu/agewellregistry/ . • Louisenie Remy, Roxcy Bolton Rape Treatment Center, Louisenie.remy@jhsmiami.org; they have support groups and outreach education on sexual assault prevention; call the Helpline for more information: 24 hours a day, 7 days a week at 305-585-RAPE (7273). • Griselle Solorzano, Social Services Manager, 305-856-8940 x105, gsolorzano@braincenter.org.	
	 Carmen Teixeira-Parry, Alliance for Aging, VDC Program Coordinator, <u>Teixeirac@allianceforaging.org</u>. Melody Velez, Sr Community Outreach, UnitedHealthcare Medicaid & LTC program. Marjorie York shared upcoming community events in Miami Beach. 	
Adjournment	Chair, Dennise N. adjourned the meeting at 3:30 PM.* *At 3:30PM, after the formal agenda was complete, Lymari Rivera provided a facility tour of the Eldercare PACE site (for in-person attendees).	
Next Meeting	The next Elder Issues Committee meeting will be held virtually on Tuesday, March 25, 2025, 2:00-3:00 PM via Microsoft Teams.	